

Manori Sumanasinghe

// Pronunciation:
Mahn-aw-rie
Sue-muh-nuh-sing-her //



Expert in Mindful & Altered States for Wellness, Creativity and Transformation

Manori Sumanasinghe, a Sri Lankan – American Designer and Entrepreneur, has created a new retail category with Neuma Mind Spa + Showroom in Chinatown, Los Angeles. Along with her husband – electrical engineer and consciousness author Nelson Abreu – she has done this by creating an ecosystem of products, services, and a community. They combine their expertise in design and technology, with nearly three decades of experience in mindfulness and heightened states and a passion for community building. They have created technologies that are inspired by energy mindfulness, meditation, sound healing, lucid sleep states such as out-of-body experiences (OBE), lucid dreams, and other ancient heightened state techniques. These technologies empower creatives, professionals, change makers, entrepreneurs and first responders by facilitating creative, healing, and transformative altered states.

Manori has a background in architecture and business. She has spoken and published about the relationship between the worlds of creativity and design and the inner realm of consciousness. She is co-chair of the Southern California Institute of Architecture (SCI-Arc) alumni council and has served as an assistant director at International Academy of Consciousness (IAC).

Discussion Topics:

What are benefits of out-of-body experiences and lucid dreams?
What do these altered states have to do with creativity and well-being?
What are cognitive shifts, how can they be achieved, and why do they matter?
How can professionals, leaders, creative, first-responders, and others benefit?
What type of tech have you designed to help people achieve heightened restful states?
What is the Neuma Mind Spa in L.A. and the Neuma Being Community online?

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